



# Moving Towards a Zero Waste Life

# Why should I reduce my waste?



In 2015 alone, more than 39 million tons of food waste was generated.

Only 5.3 percent was composted.



**Most waste is  
hidden from  
sight.**

**That is why  
people do not  
think much  
about it.**

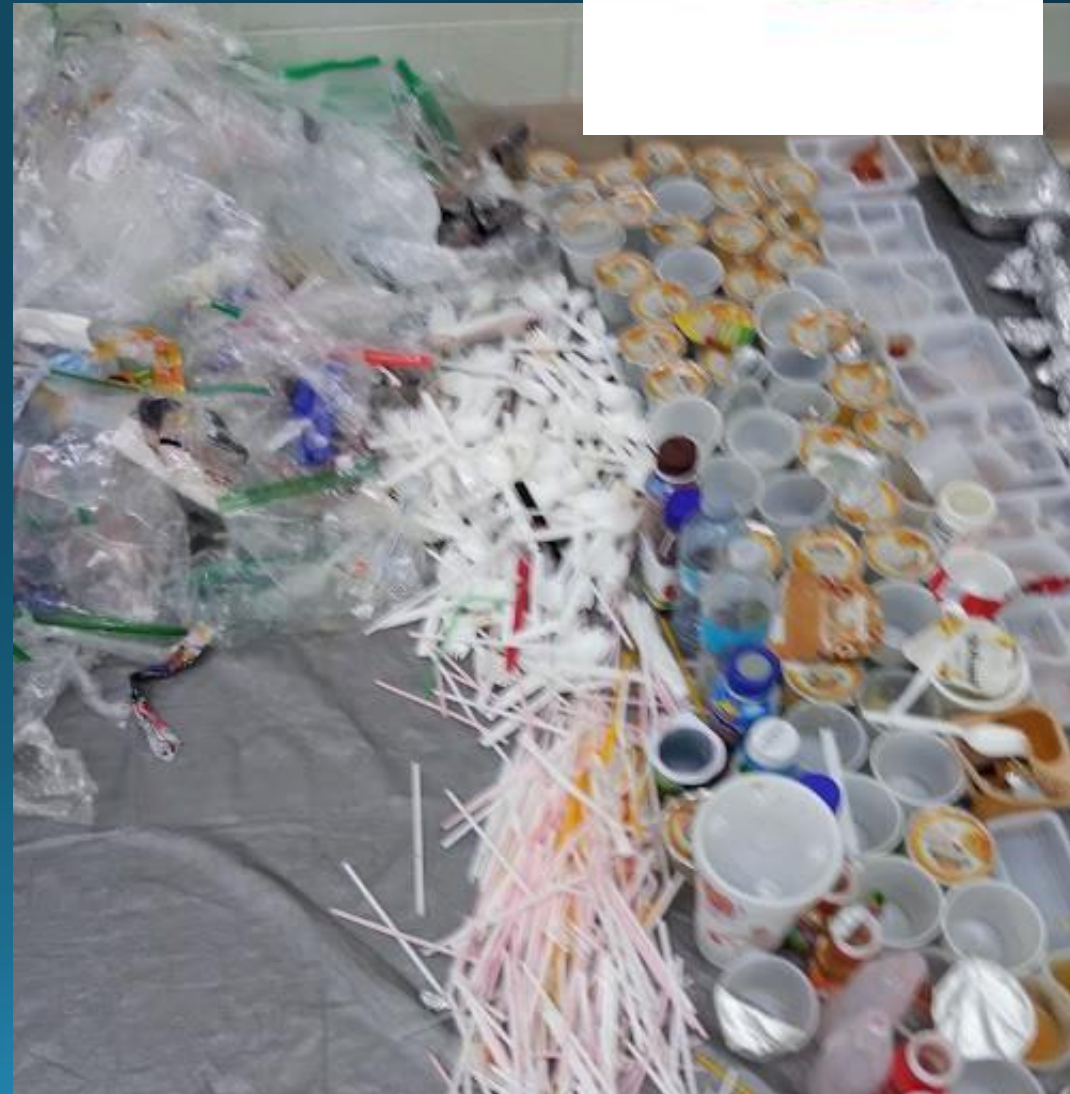


# Low Waste Habits

- Buy things you need instead of impulse buys
- Pack your lunch
- Shop at resale, thrift, and antique stores
- Cook / Bake from bulk supplies-more from less
- Grow gardens, can, freeze, and preserve

**Single Use Plastics are creating an abundance of waste.**

**Plainfield High Schools switched to washable baskets.**





# Compostable Plastics are coming!

Made from: Corn, Soybean, Sugarcane & Potato





**We can change our world  
when we make small changes  
in our:**

**Habits, Routine, Values**



# Paper or Plastic Wrap ?





# Choose Nature's Packaging =



In my life, I have seen :

- A milk man who delivered milk
- A shoemaker who repaired our shoes
- A butcher that wrapped meat in paper





# Look for compostable & recyclable packaging





# Think Up Low Waste Goodies



# More low waste ideas

- **Bring reusable shopping bags to the store.**
- **Reuse the plastic bags you have.**
- **Make washable napkins from old cloth towels.**
- **Limit fast food & convenience packaging**
- **Say “No” to disposable straws.**
- **Love your leftovers.**



# Gift Ideas with Little Waste

- **Give home made coupons** - "I will wash the dishes"  
"I will clean your house" "I will walk your dog"
- **Make a card, gift wrap, or gift**
- **Use reusable gift bags**





# School and Office

- Pack a waste free lunch
- Send electronic letters and emails
- Recycle paper, cans, & bottles



Reuse !!



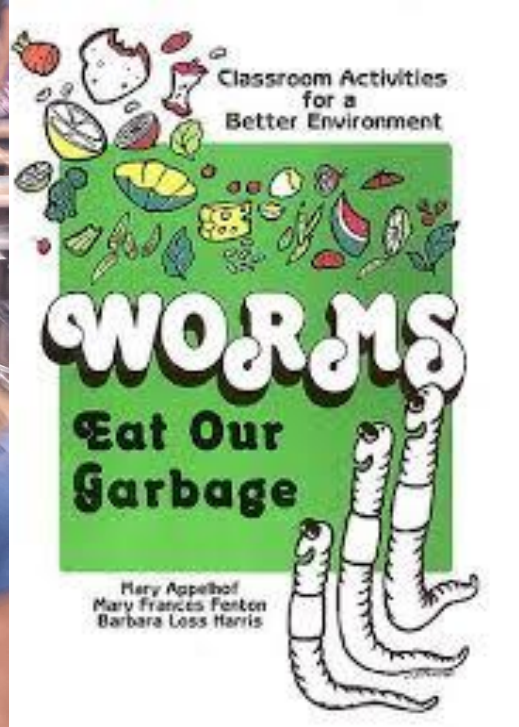


# Reuse -- create a business idea



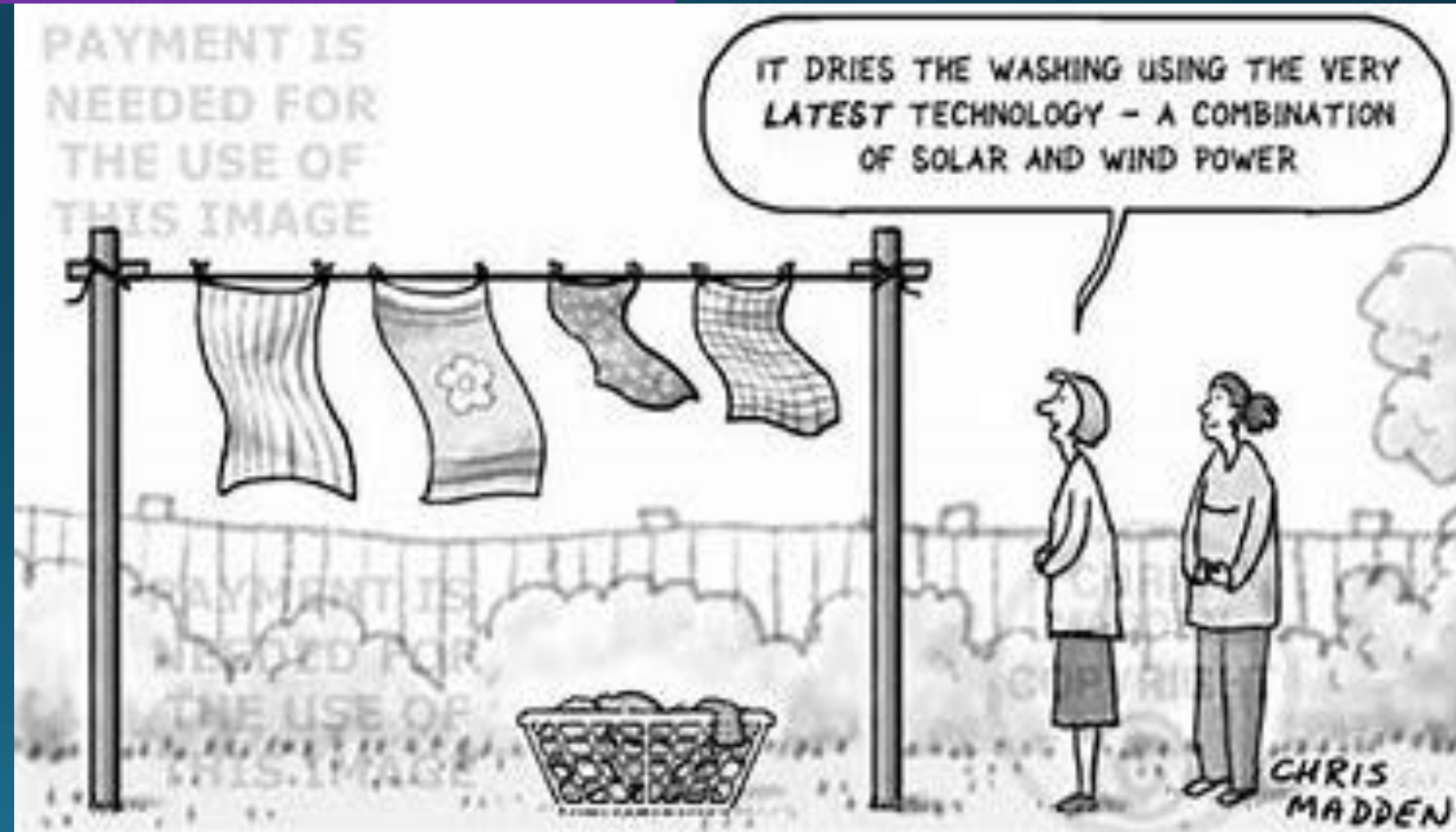


# Start a compost pile or container



# Your Closet

- Practice “hand-me-downs”
- Gentle care for clothes - Wash, Fluff, Hang





# Cleaning

- Washable rags or sponges for cleaning
- Simplify Cleaning — Vinegar, baking soda, essential oils

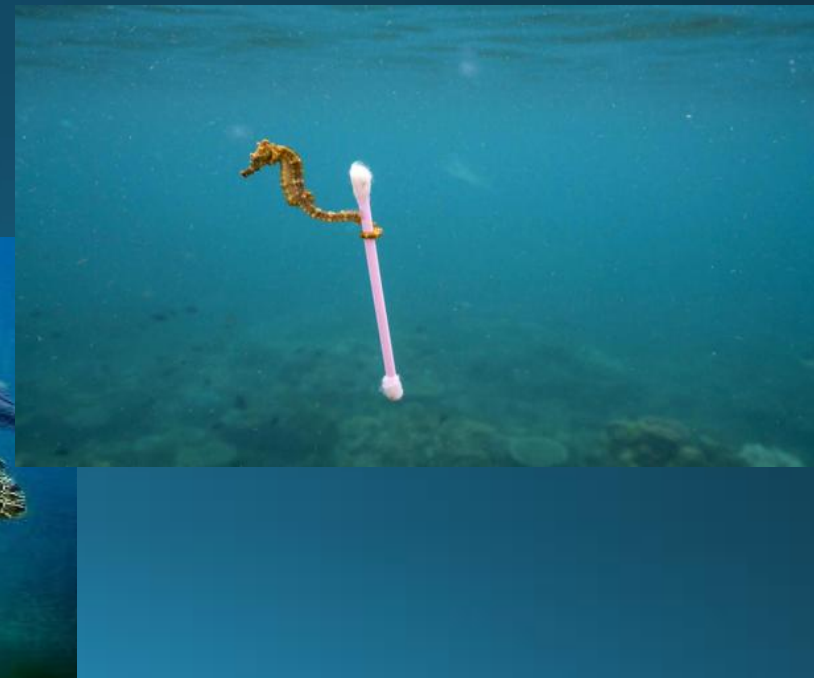
The world is changing and won't stop !





# Our world is changing all the time.....

- **The organic food movement changed what stores sell**
- **Online shopping is changing our economy / jobs**
- **Convenience plastics may become compostable plastics**



*Be the positive change! Don't leave it to someone else!*







**"PROGRESS IS  
IMPOSSIBLE  
WITHOUT CHANGE,  
AND THOSE WHO  
CANNOT CHANGE  
THEIR MINDS  
CANNOT CHANGE  
ANYTHING."**

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*- GEORGE BERNARD  
SHAW*

For more ideas go to :  
[willcountygreen.com](http://willcountygreen.com)

