## Arlene Welch School Naperville IL

Lunch Waste Audit – March 15, 2019













## Lunch Observations

- Washable food trays/baskets are great.
- Loose fruits and veggies are low waste.
- Students did not bring a large amount of chips or candy to school. Therefore, there were not a large amount of these wrappers as waste.
- Many students brought refillable drink bottles.
- The amount of single use plastics should be reduced in both home and school lunches.
- Home lunches can be packed in reusable containers, with a washable spoon, and cloth napkins—and refillable water bottle.
- Lunch line should explore more finger foods that can be made into smaller portions. For example: A large quesadilla can be cut into halves or fourths and served. Pizza bread or English muffin pizza can be made into smaller portions for small appetites.
- Schools should survey students about their favorite foods and those they do not
  eat. Students should discuss food options and serving sizes with school and
  parents. Taste tests can be conducted as a fun social experiment.

Remember.....25% or more of all food produced in the US is wasted!

## Thank You Arlene Welch School!

You have taken measures to improve your school lunch program.